

Humana Dental



Dental benefits should cover more than a pretty smile

Human care is everything
you expect, plus more

Humana®

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Dental plans that care for your employees' whole health

Humana is committed to providing a variety of plans and plan options that fit the needs of your business. Our lower-cost dental plans with essential oral health benefits can help your employees stay healthy. In fact, studies show a connection between good oral health habits and overall health. That means you could see fewer people missing work because of untreated dental health issues.¹

Our dental plans include these key benefits:

- ✓ **Preventive in-network dental care covered at no additional charge** – Including three routine cleanings, exams and X-rays
- ✓ **Four periodontal cleanings at no additional charge under preventive services** – Address the problem of half of American adults who suffer from gum disease,² which can lead to higher healthcare costs in the long run
- ✓ **Access to care when members need it** – Our extended and unlimited annual maximum options prevent members from maxing out their benefits, helping them stay on top of their oral and overall health³
- ✓ **Low-cost add to employee benefits** – You can choose to fund a portion or opt for 100% employee-paid
- ✓ **Special discount programs** – Members have access to a variety of discount programs including teeth whitening, LASIK, hearing aids, acupuncture and more
- ✓ **Go365® Points just for going to the dentist** – Members with Humana Go365 automatically earn Points they can redeem for rewards like Amazon® and Target® gift cards



¹cdc.gov, https://www.cdc.gov/oralhealth/publications/sgr2000_05.htm

²Perio.org, <https://www.perio.org/consumer/cdc-study.htm>

³Not available in Preventive Plus plans

Features and benefits of Humana Dental plans

Dental plans are available for all group sizes with access to our nationwide network of dental professionals.

Included in all plans (excludes prepaid and DHMO):

Preventive dental care covered at no additional charge¹	<ul style="list-style-type: none">• Three routine cleanings• Exam and X-rays• Four periodontal cleanings under preventive services (other plans may only cover two periodontal cleanings as a Basic service)• Space maintainers for children (15 and under)• Oral cancer screenings (members ages 40+)
Extended annual maximum²	30% coinsurance for the rest of the year after the annual maximum is met (excludes orthodontia)—allowing members to continue to get affordable dental care
National network	Choose a dentist from a nationwide network of more than 318,000 dentist access points
Link to Go365	Members earn Go365 Points for getting a dental exam if they have Go365

Plan add-ons:

Unlimited annual maximum	No annual maximum
Waive preventive services	Waives preventive services from accumulating to the annual maximum
Periodontics and endodontics	You can choose how to cover periodontics and endodontics: <ul style="list-style-type: none">• Move both to the Basic services coinsurance amount• Move one to Basic services and the other to Major
Implant placement (for 10+ size groups)	Covers implant placement and implant crowns, bridges and dentures at Major services coinsurance amount (each limited to one per tooth every five years)
Orthodontia	Choose child or adult/child orthodontia; coverage for Invisalign
Employer-sponsored or employee-paid funding	Choose to fund a portion of the premium OR 100% employee-paid



Prevention and early treatment are key to better overall health

- **More than 47%** of American adults suffer from periodontal disease.³
- **Members with diabetes have a higher risk** of developing periodontal disease, which can make it harder to control blood sugar and increase diabetic complications.⁴
- Some studies have shown that the bacteria in the mouth linked to periodontal disease can move into the bloodstream and lead to inflammation in the blood vessels. **This may increase the risk of heart disease and stroke⁵**

¹For PPO: When members visit an in-network dentist

²Extended annual maximum not included in Preventive Plus plans

³Perio.org, <https://www.perio.org/consumer/cdc-study.htm>

⁴<http://perio.org/consumer/gum-disease-and-diabetes.htm>

⁵<https://my.clevelandclinic.org/health/articles/11264-oral-health--risk-for-cv-disease>



Available Humana Dental plans



	Preventive Plus	Traditional Preferred	PPO
	See any dentist with our lowest-cost plan that provides coverage for routine, preventive care and discounts for other services, like crowns and fillings.	Visit any dentist you choose, but members can save money if they see an in-network dentist.	Members need to see an in-network dentist to get the most out of their plan. If they see a dentist outside the network, they'll have higher out-of-pocket costs.
Preventive care covered at 100%*	✓	✓	✓
Periodontal cleanings covered at 100%* under preventive services	✓	✓	✓
Extended annual maximum	✗	✓	✓
Go365 Points	✓	✓	✓

*PPO: When members visit an in-network dentist



Learn more now

Ask your Humana agent to quote
a dental plan for your business.

Humana[®]

Go365 is not an insurance product.

Humana group dental plans are offered by Humana Insurance Company, HumanaDental Insurance Company, Humana Insurance Company of New York, The Dental Concern, Inc., Humana Medical Plan of Utah, Humana Health Benefit Plan of Louisiana, CompBenefits Company, CompBenefits Insurance Company, CompBenefits Dental, Inc., Humana Employers Health Plan of Georgia, Inc. or DentiCare, Inc. (d/b/a CompBenefits) In Arizona, group dental plans insured by Humana Insurance Company. In New Mexico, group dental plans insured by Humana Insurance Company.

For Colorado: The Network Access Plan, which describes an access plan specific to your network, is available by calling your Humana representative and requesting a copy.